



# Newsletter

Rural Care For Rural People

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## What's On?

**Murray Bridge Show**

*22nd & 23rd September*

**Mannum**

**Riverside Market**

*1st Sunday of the Month*

*9am - 4pm*

*Arnold Park Mannum*

## From the CEO's Desk



Greetings everyone,

I hope that you are all well and that you've not suffered the awful influenza so many people have this winter. As I write this piece, the rain is falling and it still feels like winter to me... not Spring. Having said that, the gardens are looking beautiful and lush. Fingers crossed, it won't be long before the sun starts to shine.

Last week, my husband and I took a quick break and headed north with some friends to Penang to 'thaw out'. Penang is a friendly

and pleasant destination for a relaxing, affordable get away. I

was interested to learn that Penang was founded in 1786 by Captain Francis Light. Then 50 years later, in 1836, his son Colonel William Light founded our beautiful Adelaide. George Town is the capital city of Penang, has a population of 900,000 and was named by the British after King George III, and I was informed by a local Uber driver that it is a sister city to Adelaide.

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If you'd like more information about any of the topics covered in this newsletter, please contact us on 8532 2255



# MURRAY MALLEE AGED CARE GROUP INC. IS AN IN-HOME CARE PROVIDER OFFERING THE FOLLOWING SERVICES



HOME CARE PACKAGES



SOCIAL DAY ACTIVITY PROGRAMS



SENIORS EDUCATIONAL PROGRAMS



HOME MAINTENANCE & MODIFICATIONS

## From the CEO's Desk (cont.)

Since the last newsletter, Patrizia Kadis, the owner of a small community aged care service in metropolitan Adelaide approached MMACG to form a collaboration.

Patrizia's clientele is primarily the Italian community, but not exclusively so. Patrizia's business grew so rapidly since its launch early this year, that she decided that the support of a well-established organisation would be an advantage to her business' future. Patrizia is now employed by us, as our Business Development Manager. I am pleased to report that as a result of Patrizia joining us, we have experienced a significant expansion to our organisation. Our administration centre in Murray Bridge employs a very experienced team with a broad range of expertise that places us in an excellent position to support the expansion. We welcome the opportunity that it presents to expand this element

of our business.

Another exciting development on our horizon that the Board and I have been working on for more than twelve months is a building project. I promise that as soon as I am in a position to share more information, I will do so.

One of our Registered Nurses, Katrina Jenkins-Baker, is leaving us this week to take up an opportunity pursuing her career ambition to work in a counseling role. The new role is also closer to her home in Eden Valley. Katrina's contribution to the team has been greatly appreciated. So much so, that although she is leaving us in her current capacity, she has agreed to continue to provide training to our team as a contractor.

As a parting note, I wish to remind you that it is now only fifteen weeks until Christmas!

Best Wishes,  
Anna



On the 14th of June 2017 Anna celebrated the birth of her granddaughter. Pictured left: Hunter with proud mummy Rhiannon and nonna Anna.



Patrizia Kadis (pictured left) joined the MMACG team in August as Business Development Manager.



## Happy Birthday To You!

Murray Mallee Aged  
Care Group Inc.  
would like to wish  
everyone celebrating  
a birthday during the  
Summer season  
a very special  
Happy Birthday!

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Do you need help  
securing your Home  
Care Package with  
Murray Mallee Aged  
Care Group?

Our Service Consultants  
will assist you in the  
My Aged Care Referral  
Process.

Book a free  
appointment now  
on (08) 8532 2255

Does your garden need a touch up?

Perhaps you'd like rails or ramps installed in your home?

Murray Mallee Aged Care Group can provide home maintenance and modifications under the Commonwealth Home Support Program.

To enquire about these services call Linda on 8532 2255



## Jeans for Genes Day

Each year, Australians unite by wearing their favourite jeans and outdoing each other with crazy denim outfits, and donating money or purchasing merchandise, to support genetic research.

On the first Friday in August each year workplaces, schools and streets become a sea of denim in a united stance against childhood disease. Every dollar raised on the day helps scientists at Children's Medical Research Institute discover treatments and cures, to give every child the opportunity to live a long and healthy life.

Most babies are born healthy, but sadly 1 in 20 children are born with a birth defect or genetic disease. On average, that's one in every classroom.

Children's Medical Research Institute is dedicated to finding ways to treat or prevent childhood cancer, epilepsy, birth defects and genetic diseases in order to create brighter futures for all children including those who are with us today & those yet to come in to this world.

Many major advances in children's health have resulted from medical research including the demise of previously fatal illnesses like polio, smallpox and diphtheria so, together, we really can make a difference and give kids around the world the opportunity for a healthy start to life.

On Friday the 4th of August Murray Mallee Aged Care Group Inc. office staff wore their jeans and raised money to help support the Children's Medical Research Institute.

If you would like to support the Children's Medical Research Institute please visit <http://www.jeansforgenes.org.au/>



## Home Care Packages

With winter behind us, we are now heading into spring and hopefully some warmer weather and sunshine.

Our Support Worker Liaison, Carol Lake, has been busy visiting and has covered a lot of KM's so far visiting our workers in the region. As employees, your feedback is important to MMACG and we appreciate your input so we can continue to improve how we do business.

I would like to thank all support workers that have attended the Mobile worker training so far, we have only a few support workers left to bring over from the paper time sheets. Everyone has adapted well and we are hoping this will make a difference for you all with your shifts and less time spent on time sheets. Well done!

Di Graetz,  
Community Care Manager

## Scam Alert

We have recently become aware of a telephone scam occurring all over South Australia. Victims receive a call from an individual claiming to be from their bank. The scammers state that there has been an overpayment into the victims bank account and that they require the victims bank or credit card details in order to rectify the error.

Murray Mallee Aged Care Group Inc. advises consumers to never give out their bank details to anyone unless you made the phone call and know that the phone number is the right one.

If you are unsure whether a phone call is legitimate or not please don't hesitate in asking your Support Worker or contacting us here at the office.

## iPad Drop-In

Tuesday and Thursday 10.00am -12.00pm  
The Drop-in Group remains popular with many who wish to continue learning about their devices and what they can do.

Our Volunteer Tutors, Kevin & Lillian, are very skilled and attend each session for backup if required. For anyone wanting more information on this group, please give us a call 8532 2255.



CAPTION:  
Our latest iPad graduates celebrate their achievement.

## Another Successful iPad Class

Congratulations to our most recent iPad class graduates including one of our Tumpinyeri clients, Claude Love.

As technology changes our iPad classes allow consumers to keep up with technology and provide fantastic mental stimulation. Many of the consumers use the iPads to keep in contact with family, friends, and even other members of the class. Throughout the class you will also learn how to browse the internet.

This can be very useful when it comes to finding recipes, finding sewing patterns or other craft instructs, looking up the latest news, and even checking the weather.

There's no limit to how much you can learn when completing the course!

If you're interested in participating in an iPad class please contact Linda McAlinden on 8532 2255.

Murray Mallee Aged Care Group Inc. is proud to be an organisations which celebrates diversity. As such, we are committed to creating services which best support your cultural needs.

As an organisation we acknowledge and respect the traditional custodians whose ancestral lands we service today. We acknowledge the deep feelings of attachment and relationship of Aboriginal peoples to Country. We are proud to provide a Tumpinyeri program which provides Indigenous specific Consumer Directed Home Care Packages.

If you find that you have any cultural requirements for your Home Care Package please contact one of our Service Consultants on 8532 2255.



## Domestic Violence Awareness

Most people in intimate relationships disagree about things from time to time. Disagreements are a normal part of a healthy relationship. Both parties should be able to put forward their different points of view or concerns and feel comfortable discussing them together. In a healthy relationship both parties treat each other as equals and compromise to seek solutions to overcome their problems. However, in a relationship where domestic and family violence is occurring the situation is very different. One person in the relationship uses abuse and/or violence to control the other person through fear.

The victim feels threatened - too frightened to argue back or too scared to disagree or express his/her opinion. The perpetrator has power over the victim. In the majority of cases of domestic and family violence the victims are female.

Murraylands police are called out to 1000 domestic disturbances every year, Superintendent James Blandford said, or almost three every day on average with half of those incidents involving violence.

On the 27th of July we participated in the White Ribbon Day as a part of the Murray Bridge Business Alliance to raise awareness for domestic violence victims. We filled out provided posters offering messages of support and participated in the Clothesline Project by hanging white t-shirts out the front of our business. MMACG acknowledges that domestic violence can occur at any age and we are always on hand to offer support to our clients and their families regarding this issue As an organisation we promise to never remain silent about domestic violence.

If you'd like more information on domestic violence visit [www.whiteribbon.org.au](http://www.whiteribbon.org.au) or contact White Ribbon Australia on (02) 9045 8444.



CAPTION: MMACG's white t-shirts as a part of the Clothesline Project

## Pension Entitlements, Welfare or Advocacy Support

The Murray Bridge RSL sub-branch is responsible for the welfare and advocacy of all veteran servicemen and women in the Murraylands and beyond.

They have been successful in gaining pension rights and entitlements for ex services personnel for a number of years, and pride themselves on their track record of utmost assistance to those who have served our nation in times of need.

Should you require advice in the way of pensions, entitlements, advocacy or simply support, the Murray Bridge RSL is happy to assist you.

They are able to make appointments with appropriate agencies and even have them visit our veterans in Murray Bridge without having to travel further afield.

The Murray Bridge RSL Sub Branch has no individual pensions or welfare officers currently working in the Murraylands on their behalf, so any queries can be directed to their office.

Should you have any questions in relation to this matter, please contact the Murray Bridge RSL on 8532 1314 on any Monday between 10 am and 3 pm, or simply leave a message on their telephone answering service.

## What's Happening at Kaleidescape?

Spring has sprung with the weather becoming nicer and the blossoms on the trees. Has anyone else noticed it's not getting dark until later and the sun is rising earlier too?

Kaleidescape has been feeling the effects of winter in some areas with the dreaded cold and flu bugs out in full force. I hope if you or someone you know has been hit with these germs that you are all recovering well and that it hasn't stayed around for long. On a positive note, we have also welcomed some new clients to a few groups.

We have had an increase in the number of clients wishing to take some of their lunchtime meal home, while this is ok to do we ask that if you intend to do this or may think that it is something that you would like to do, could you please bring a suitable container and lid from home that can be labeled with your

name and given to staff when you sign for your meal. Also, just a friendly reminder that the groups start at 10.30am and, although we may be at the venue earlier, this time is used for the staff to set up the venue for you to enjoy your day.

Tanya and I would like to thank everyone for their continued support within the groups. We do on occasions struggle to come up with new and interesting things to do as well as trying to keep the old stuff refreshing and exciting. Any suggestions are greatly appreciated. We hope the last few months of this years calendar can be enjoyed by all with some special outings booked and our Christmas parties in December. Take care and please remember to drink plenty of fluids.

Linda.



**CAPTION:**  
Kaleidescape donates a shoe box of love in support of Domestic Violence Awareness

## Enjoy our Spring themed word search!

C	U	K	K	M	F	X	S	R	E	W	O	L	F	U	Q	T	APRIL
I	A	X	I	K	A	O	R	N	R	Z	G	N	P	U	D	R	BASEBALL
L	T	S	W	T	S	D	E	E	S	E	F	N	G	B	T	A	BIRDS
R	B	A	L	I	E	E	E	H	T	S	T	F	C	T	S	I	BLOSSOMS
P	G	U	V	B	R	R	G	L	S	M	M	S	B	B	D	N	BUDS
S	X	H	D	G	M	R	I	R	X	A	X	L	A	L	R	S	DAFFODILS
U	F	Y	M	S	O	R	E	T	R	R	O	E	B	E	I	D	EASTER
N	P	W	F	W	P	W	K	B	O	S	Z	Y	G	G	B	A	FLOWERS
S	C	I	I	A	O	O	L	B	S	I	P	R	A	N	Z	F	GARDENING
H	W	N	L	H	M	E	I	O	S	Z	Y	W	O	I	E	F	GREEN
I	G	C	S	U	S	N	M	T	C	A	M	P	R	N	H	O	GROWING
N	U	O	G	H	T	S	N	D	M	E	C	I	H	E	C	D	KITE
E	I	X	U	O	Q	P	U	D	D	L	E	S	Q	D	R	I	MARBLES
A	G	Y	V	G	W	A	G	N	I	T	S	E	N	R	A	L	MARCH
D	U	Y	N	D	P	F	S	D	N	I	W	N	Z	A	M	S	MAY
Y	B	A	S	E	B	A	L	L	V	P	I	C	T	G	Z	A	NESTING
L	S	J	Y	X	A	M	G	N	I	T	N	A	L	P	M	J	PLANTING
																	PUDDLES
																	RAIN
																	ROBIN
																	SEEDS
																	SHOWERS
																	SUNSHINE
																	TULIP
																	WINDS

## Meet the Councils who represent Murray Mallee Aged Care Group Inc:



The Rural City of  
MURRAY  
BRIDGE

**Mayor:**  
Brenton Lewis

**Councillors:**  
Tyson Matthews  
Andrew Baltensperger  
Tod Cusack  
Karen Eckermann  
Airlie Keen  
Clem Schubert  
Fred Toogood  
Theo Weinmann  
Jerry Wilson



**Mayor:**  
Dave Burgess

**Councillors:**  
Kelly Kuhn  
Mardi Jennings  
Kevin Myers  
Brenton Schmitt  
Jeff Hall  
Adriaan Sakko  
Peter Raison  
Brian Taylor  
Steve Wilkinson



**Mayor:**  
Kevin Burdett

**Councillors:**  
Caroline Phillips  
Yvonne Smith  
Daryl Sparks  
Morris Terrell  
W John Woodridge  
Darren Zadow



**Mayor:**  
Neville Jaensch

**Councillors:**  
Sharon Bland  
Peter Wright  
Jeff Arthur  
Robert Simcock  
Julie Barrie  
Vern Leng  
Donna Middleton  
Mick O'Hara



**Mayor:**  
Andrew Grieger

**Councillors:**  
Allan Dunsford  
Dennis Hyde  
Stacey Milde  
Kevin O'Driscoll  
Neville Pfeiffer  
Bruce Summerton  
Brian Toogood  
Mark White